

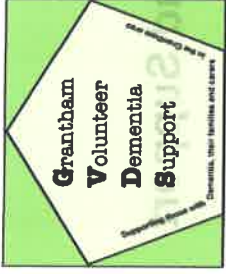


We offer.....

The opportunity to meet others affected by dementia in order to share experiences and provide mutual support

Information about any form of dementia and related issues

Information regarding access to other relevant services



Contact telephone numbers

Ann 01476 585756

Beryl 01476 401787

Bridget 01476 401951

Janet 01476 407122

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Grantham Volunteer Dementia Support

Helping people with dementia, their families and carers in the

Grantham area

Dementia: The Facts

Dementia describes a group of symptoms such as memory loss, communication problems, and the decreasing ability to think and reason.

There are several types of dementia including Alzheimer's Disease, Vascular Dementia, Dementia with Lewy Bodies, and Frontal Lobe Dementia.

Approximately 800,000 people in the UK are living with dementia, and numbers are increasing each year. It can develop at any age, affect any culture, race, or gender.

Help and Support

Do look for help if you believe a relative or friend is developing dementia, and discuss your concerns with a GP because an assessment of their general health is important to rule out any physical cause.

As a Carer it is beneficial to seek advice from a trained worker who will give you information about helping the person with dementia, how to understand the condition, what supportive services are available for them, and support for you too.

It is natural to feel alone and isolated, but there are others feeling exactly the same, and there are active groups in Grantham to share experiences and provide support to carers, and their families, as well as give support for those facing the challenges of the disease.

Grantham Dementia Drop In

The Drop - In service for Information, Support and Advice is held every Saturday at the George Centre, Grantham from 10am- 12 noon. Please contact Ann on 01476 585756 or just turn up.

No appointment necessary.

Grantham Dementia Carers' Support

The Carers' Support meeting is held on the last Friday of every month from 2.00 - 4.00 at Greyfriars Centre, Grantham.

This is an informal get-together where carers are able to share experiences and support each other.

For details contact
Bridget 01476 401951

Grantham Dementia Lunch

The Lunch is held on the third Thursday of every month from 12 noon - 2 pm at the Eden House (Kings Hotel), Grantham and enables people with dementia and their carers to meet socially over a lunch in a friendly environment.

Please contact Janet 01476 407122 for more details and to book.

N.B. BOOKING IS ESSENTIAL