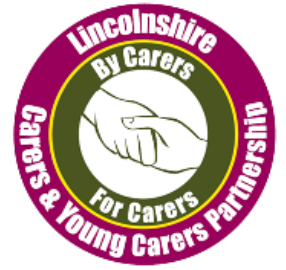
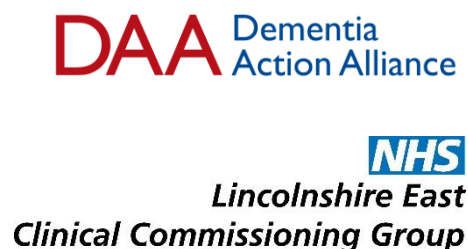


Lincolnshire Carers & Young Carers Partnership
Dementia – A Public Health Priority
Shaping Services In East Lindsey and Boston



Dementia and affiliated services for people with and those who care for people with Dementia

Skegness



Outline of services available in Skegness and surrounding area Aug 2015



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Aamina Homecare	A care provider that offers a service to people with reduced ability to care for themselves, helping them to remain independent and in their own homes. Also offer Re-ablement/hospital discharge and palliative care.	Aamina House 35 Craik Hill Ave Immingham DN40 1LP (East Lindsey Service)	Aamina Homecare	01469 571084 info@aaminahomecare.com	N/A
Adults Supporting Adults	Adults Supporting Adults provide community services for people over the age of 18 years who have a learning or physical disability, sensory impairment, lived experience of mental illness or people with dementia and who require support to live in the community. Services also include respite for carers.	Railton House Sleaford Business Park Sleaford NG34 7EQ	Adults Supporting Adults	01529 416270 enquiries@asaorg.co.uk	N/A
Age Care Advice	Provides help, advice and support including: financial advice, carers assessments and a personal care co-ordinator. The service is offered to people with dementia.	Countywide	Simon Jessop	01476 552137 07772 992732 agecareadvice@gmail.com	N/A
Age UK East Lindsey	Provide information and advice to the elderly.	Age UK Lindsey The Old School House Manor House Street Horncastle LN9 5HF	Age UK	01507 524242 info@ageuklindsey.co.uk	N/A
Age UK East Lindsey Home Support Service	A service offering help with domestic chores throughout East and West Lindsey. The service also includes a Sitting Service, Gardening and home maintenance. (does not included personal care)	East Lyndsey	Age UK	01507 524798	N/A
Alzheimer's Society	Alzheimer's society provide information for all aspects of dementia and offer a national dementia helpline for anyone that may be effected by dementia.	Nationwide	Alzheimer's Society	0300 222 11 22 Enquiries@alzheimers.org.uk	N/A

Outline of services available in Skegness and surrounding area Aug 2015



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Books on Prescription	This service provides 25 titles specifically focused on dementia, recommended by health experts and people who have first-hand experience. GPs and other health professionals can recommend the books to people, or the titles are available for anyone to borrow for free from their local library.	N/A	N/A	reading-well.org.uk readingwell@readingagency.org.uk.	N/A
Bluebird Care	Bluebird Care provide a homecare and support service that includes: domestic support, personal care, medical support and help with meals.	East Lyndsey Service	Bluebird Care	01522 538656 lincoln@bluebirdcare.co.uk	N/A
British Red Cross	British Red Cross provide short term practical and emotional support at home for up to 12 weeks to help people regain their independence. They can also provide Mobility aids and therapy services such as home massages.	Countywide	British Red Cross	0845 0547171 firstcall@redcross.org.uk	N/A
Burgh-le-Marsh Phoenix Support Group	A support group for the bereaved and lonely.	Burgh Baptist Church The Causeway PE24 5LT	Nicki	info@ageuklindsey.co.uk 01507 524242	Wednesday 10.30am
Carers Connect	Carers Connect offer free information, advice, emotional and practical support and benefits checks.	Countywide	Carers Connect	01522 696000 info@carersconnect.net	N/A
Carers Connect Support Group Skegness	Carers Connect offer information, advice, emotional and practical support for unpaid carers. This group welcomes all carers.	The Salvation Army 42 High St Skegness	Carers Connect	01522 696000 01522 812830 info@carersconnect.net	3 rd Wednesday 10.30 – 12.30
Dementia Café Skegness	A support group for people living with dementia and their carers.	The Storehouse North Parade Skegness PE25 1BY	Alzheimer's Society	01522 692681	3 rd Thursday 10.00am – 12.00pm

Outline of services available in Skegness and surrounding area Aug 2015



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Dementia UK – Admiral Nursing Direct	Dementia UK provides Admiral Nurses - specialist dementia nurses who give expert, practical and emotional care and support for family carers, as well as the person with dementia. Admiral Nurses also provide families with an understanding of dementia and give them the skills to deal with challenges effectively, whilst also providing psychological support to help family carers to carry on caring for their family member. They can also provide referrals to other appropriate services.	Countywide	Admiral Nursing Direct	0845 2579406 direct@dementiauk.org	N/A
Doulton Court Care Home	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite, day care and palliative care.	Alford Road Sutton-on-sea LN12 2HF	Joyce Turner	01507 441026 doulton.court@fshc.co.uk	N/A
East Lyndsey Wellbeing Service	The East Lyndsey Wellbeing Service aims to support people to stay well and independent. The service offers advice and information on housing, health and money management. The service provides access to small aids for daily living and minor adaptations and access to Telecare and a rapid response service.	East Lindsey District Council Tedder Hall Manby Park Louth LN11 8UP (East Lyndsey Service)	East Lyndsey	01507 613126 Wellbeing.hub@e-lindsey.gov.uk	N/A
Eastville, Midville and New Leake Welcome Club	A social group for people looking for friendship and companionship. Members pay a small fee each meeting.	Eastville, Midville and New Leake Village Hall Station Road Eastville PE22 8LS	N/A	01507 524242 info@ageuklindsey.co.uk	2 nd Friday 2.00pm – 4.00pm
Eresby Hall – Order of Saint John Care Trust	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite and day care.	Ancaster Avenue Spilsby PE23 5HT	Donella Savage	01790 752495 manager.eresby@osjctlincs.co.uk	N/A

Outline of services available in Skegness and surrounding area Aug 2015



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Helping Hands Home Care	Helping Hands specialises in providing rapid response emergency care for people who require help at home quickly; people being discharged from hospital after an operation, those who have been let down by their current care provider and those who have unexpected/unplanned illnesses, including end of life/palliative care requirements. Costs based on assessment.	7 Musters Road West Bridgford Nottingham NG2 7PP	Helping Hands Home Care	0843 634 7047 enquiries@helpinghands.co.uk	N/A
Just Sing for Health and Happiness Sessions – Skegness Piano Academy	Skegness Piano Academy provide therapeutic singing sessions which can be delivered at venue's such as care homes, day centres and community groups throughout Lincolnshire at a cost of £35 plus travel.	42 Lincoln Rd, Skegness, Lincolnshire PE25 2BJ (East Lyndsey Service)	April Chapman	01754 763022 info@pianoacademy.org.uk	On Booking
The Keals Club	A social group for people looking for friendship and companionship. Members pay a fee of £6 a year.	The Community Centre Church Road Spilsby PE22 8ES	Nicki	01507 524242 nicki.lee@ageuklindsey.co.uk	2 nd Tuesday 2.00pm – 4.00pm
Lincolnshire Carers and Young Carers Partnership	The Lincolnshire Carers & Young Carers Partnership enables Carers, those supporting friends and family members, and those working with Carers the opportunity to help shape Carers services in Lincolnshire. Led by Carers and Young Carers themselves, the Partnership aims to develop better information and support for unpaid Carers. They can also refer people to the carers team for carers assessments.	Lincolnshire Carers & Young Carers Partnership, Commerce House, Outer Circle Road, Lincoln LN2 4HY	Lincolnshire Carers & Young Carers Partnership	01522 846911 www.lincolnshire.gov.uk/lcycp	N/A
Lincolnshire Fire and Rescue Home Safety Check	A Home Fire Risk Assessment is carried out by the local Fire and Rescue Service who will visit homes, and carry out safety inspections for free. People may also be eligible for free fire alarms.	South Pk Av, Lincoln LN5 8EL	Lincolnshire Fire and Rescue	01522 582222 communications@lincoln.fire-uk.org	N/A

Outline of services available in Skegness and surrounding area Aug 2015



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Lincolnshire Home Independence Agency	Charity dedicated to helping those in need of support remain independent in their own homes. Service provided is free home improvements, repairs and adaptations. Labour is free however materials may incur a cost.	Countywide	Lincolnshire Home Independence Agency	01522 516300 info@lincshia.org	N/A
Lincolnshire Rural Support Network	LRSN provides pastoral and practical support to farming and rural people during periods of anxiety, stress and problems relating to their families and businesses. Also provides mental Health Screening/ Support	Countywide	Alison Twiddy	07725 203560 0845 123 2306 alison.twiddy@lrsn.co.uk	N/A
Mablethorpe and Sutton-On-Sea Tuesday Club	A social club that meets up to take part in a number of different activities such as: bingo, lunches, entertainment and trips out, some of which include an additional fee to cover expenses. There is a £20 yearly membership fee.	Saint Peter's Methodist Church Hall Victoria Road Mablethorpe LN12 2AF	Nicki	01507 524242 nicki.lee@ageuklindsey.co.uk	2 nd Tuesday 2.00pm – 4.00pm
Mablethorpe Singing For The Brain	A fun and relaxed support group that caters for people with dementia and their carers to attend and have a sing along.	Orchard House Care Centre, Grosvenor Rd, LN12 1EL	Linda West	01507 472203	Monday 10.30am – 11.00am
Manor Care Centre	A residential care home that caters for people with dementia. Services include day care and respite.	Fen Rd East Kirkby Spilsby PE23 4DB	Kay Harrison	01790 763381 manor@halcyoncare.co.uk	N/A
Meadows Court Care Home	A residential care home that caters for people with dementia.	W End Hogsthorpe Skegness PE24 5PA	Meadows Court Care Home	01754 872302 meadowscourt@hotmail.co.uk	N/A
Meadows Sands Care Home	A residential care home that caters for people with dementia and offers a respite service.	98 S Parade Skegness PE25 3HR	Trudi Wilks	01754 762712 care@meadowssands.co.uk	N/A

Outline of services available in Skegness and surrounding area Aug 2015



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Mears Group	Mears provide flexible care for older and disabled people who want to avoid costly nursing homes and would like to continue living in their own homes.	Nationwide	Mears Group	0870 607 1400	N/A
Medicine Use Review	Lincolnshire Co-operative offer a free NHS Medicines Use Review to patients taking two or more regular medicines. Patients can contact their local pharmacist.	Countywide	N/A	01205 350111 01205 310996	N/A
Message In a Bottle Scheme	The Lions Message In a Bottle scheme is a simple idea designed to encourage people to keep their personal and medical details on a standard form and in a common location - the Fridge. Message in a bottle is a free service.	The Queen of Spades Wellington Road Boston PE21 0NX	Nick Graves	08458331452 nickgraves1976@tiscali.co.uk	N/A
Noss Mayo Care Home	A residential care home that caters for people with dementia. Services include day care and respite.	2 High St Burgh le Marsh Skegness PE24 5DY	Debra Manning	01754 810729	N/A
The Old Hall Residential Care Home	A care home that provides a number of services for people with dementia including: residential care, respite, day care and palliative care.	The Old Hall Care Home Northorpe Road Halton Holgate Spilsby PE23 5NZ	Elizabeth Lambert	01790 753503	N/A
Pegasus – Lincolnshire Police	Pegasus is a PIN number database which has been designed to enable people in the community who may have difficulty using a telephone to access Lincolnshire Polices' Emergency services.	Pegasus Community Safety Department Lincolnshire Police Headquarters PO Box 999 Lincoln LN5 7PH	N/A	01522 558050 text phone: 01522 558263 mir.fcr@lincs.pnn.police.uk	N/A
Penderels Trust	Penderels Trust aims to support adults and children who receive a direct payment in the county to get the most out of their personal budgets.	Countywide	Penderels Trust	01526 833803 lincolnshire@penderelstrust.org.uk	N/A

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Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Phoenix Care Centre	A care home that provides a number of services for people with dementia including: residential care, respite, day care and palliative care.	Phoenix Care Centre Ancaster Avenue Chapel St Leonards PE24 5SN	Joanne Taylor	info@phoenixcarecentre.co.uk 01754 872 645	N/A
Rayleigh House	A care home that provides a number of services for people with dementia including: residential care, respite, day care and palliative care.	17 Derby Avenue Skegness PE25 3DH	Mr & Mrs B M Ghent	01754 764382	N/A
Rethink Advice And Information Service	The Rethink Mental Illness Advice Service offers practical help on issues such as the Mental Health Act, community care, welfare benefits, debt, criminal justice and carers' rights. They also offer general help on living with mental illness, medication, care and treatment.	Nationwide	Rethink	0300 5000 927	N/A
Seacroft Court Nursing Home	A nursing care home that caters for people with dementia. Services include day care and respite.	Seacroft Esplanade Skegness PE25 3BE	Gemma Elgar	01754 610372	N/A
Seagull Recycling	This project supports individuals suffering from mental health issues of all ages and abilities to take control, and make small steps to help them successfully manage and improve their lives. Activities offered include gardening and horticulture, innovative environmental activities, conservation, small animal care, volunteering, community support projects and therapeutic activities.	East Lyndsey	Paul Charles	01754 765 746 paul.charles@seagullrecycling.org.uk	Enquire for more info
Skegness Citizens Advice Bureau	The Citizens Advice service offers practical, up-to-date information and advice on a wide range of topics, including: debt, benefits, housing, legal, discrimination, employment, immigration, consumer and other problems.	20 Algitha Road SKEGNESS Lincolnshire PE25 2AG	Citizens Advice Bureau	0344 411 1444	N/A

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Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Skegness Day Centre	Skegness Day Centre provides day care for older people and people in the early stages of dementia. For £23 a day the service includes tea and coffee throughout the day, snacks, a three course meal and the opportunity to take part in a wide range of activities. Skegness day centre can provide door to door transport for an additional cost of £9 up to a 16 mile radius.	Skegness Day Centre Dorothy Avenue Skegness PE25 2BS	Mandy	01754 766763	Monday to Friday 9.00am – 4.00pm
Skegness Kingfisher	Friendship group open to all who have had mental/physical health problems. Members of the group play board games, do craftwork and go on trips.	Algitha Road Methodist Church Skegness PE25 2AJ	Pat Massie	07505 968195 kyberpast@googlemail.com	Tuesdays 10.00 – 12.00
St Barnabas Day Hospice	St Barnabas day therapy service is a free service that welcomes anyone over the age of 18 who has a life limiting illness, through cancer or non-cancer and aims to support them to live independently, give advice and information and help them to make informed choices about their future care.	126 Drummond Road, Skegness, Lincolnshire PE25 3EH	St Barnabas	01754 610409 01522 511566 enquiries@stbarnabashospice.co.uk www.stbarnabashospice.co.uk	Thursdays
St Barnabas Family Support Service	Family Support Service is a free service providing emotional and psychological support to patients, their families and carers, together with support for those who have experienced bereavement.	Countywide	St Barnabas	01522 511566 enquiries@stbarnabashospice.co.uk www.stbarnabashospice.co.uk	N/A
St Barnabas Hospice at Home	Hospice at Home is a countywide, free service for people with an advanced, life limiting illness who choose to be cared for in their own home, operating 7 days a week.	Countywide	St Barnabas	01522 511566 enquiries@stbarnabashospice.co.uk www.stbarnabashospice.co.uk	7 Days a week
Sunny View Homecare	Sunny View Home care provides a mixture of services Including: support with hospital discharge, domestic support at home, personal care at home, sitting service and out and about support.	Unit 2, Albert Road Business Centre Albert Road Skegness PE25 3RB	Sunny View Homecare	01754 762 795 care@sunnyview.org.uk	N/A

Outline of services available in Skegness and surrounding area Aug 2015



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When?
Sutton Home Support	Sutton Home Support provides a home support service that caters for people with dementia. Services include: Personal care at home, respite cover for carers, sitting service, hospital discharge and medication assistance.	Sea Lane Sandilands Mablethorpe LN12 2RA	Sutton Home Support	01507 441 800 sutthomesupport@aol.co.uk	N/A
Telecare Lincolnshire	TeleCare can be used to support older people, those with long term conditions, disabilities or mental health worries. TeleCare can tell when there is an emergency in someone's home and when they need assistance. TeleCare uses a range of sensors either worn by the individual or placed in the home that can alert the local monitoring centre 24 hours a day at a cost of 36p per week.	Countywide	Telecare	01522 782155	N/A
Walnut Care At Home	Home Care and Support Agency that can be booked on a short or long term basis, and may be funded with help from Lincolnshire Social Services or the NHS. Alternatively services can be purchased privately, or by using self-directed support funding. Experienced in dementia care.	Walnut Cottage Langrick Boston PE22 7AP Countywide Service	Walnut Care Ltd	01205 280101	N/A
Wellbeing Service	The Wellbeing Service is designed to promote confidence in living independently. Following assessment, the range of services offered are handholding support (generic support), simple aids to daily living, minor adaptations, Telecare, 24 hour responder, monitoring of Telecare alarm and signposting.	Countywide	Lincs Independent Living Partnership	01523 782140	N/A
Wellbeing Service - Home From Hospital	Home Safe is a transport and resettling service for people returning home from a hospital stay. It is designed for people who do not have family or friends who are able to help.	Countywide	Lincs Independent Living Partnership	01523 782140	N/A

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Welfare Community Services	St Barnabas provides information of social security benefits available to claim dependant on eligibility.	Countywide	St Barnabas	01476 513544	N/A
Woodside Care Home Skegness	A residential care home that caters for people with dementia. Also provides respite services. Cost is based on assessment.	Woodside Carehome Lincoln Road Skegness, PE25 2EA	Woodside Care Home	01754 768109 www.woodside-carehome.co.uk	N/A
Young Dementia UK	Young Dementia UK runs a national website providing information specifically for people aged under 65 with dementia and their family and friends.	PO Box 305 Whitney Oxfordshire OX28 1ZN	Young Dementia UK	01993 776295 mail@youngdementiauk.org www.youngdementia.org	N/A

Every effort has been made to ensure that the content of this directory is accurate at the time of issue. However Lincolnshire Carers and Young Carers Partnership don't accept liability for any third party information of service provision.

The inclusion of organisations, services and contact details is for information purposes and does not constitute endorsement of any kind by Lincolnshire Carers and Young Carers Partnership or the Organisations supporting the publication.

This directory is intended to be a guide only, it is not intended as a substitute for independent/expert advice; always consult a qualified professional about your own care or the person you care for.

If you would like your service to appear in this directory or you have a concern then please contact
Lincolnshire Carers and Young Carers Partnership.