



Division of
Clinical Psychology

Faculty of the Psychology
of Older People

DAA Dementia
Action Alliance

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A Guide to psychosocial interventions in the early stages of dementia



Alzheimer's
Society

Leading the
fight against
dementia

deep

The Dementia Engagement
and Empowerment Project



The British
Psychological Society

Promoting excellence in psychology

FPOP/DEEP Consultation

Involving People Living with Dementia

- Working with Dementia Engagement and Empowerment Project (DEEP) to consult with people living with dementia through Dementia Action Alliance (DAA) since Jan 2013
- Two joint pilot workshops on early/timely diagnosis and psychosocial interventions (July, August 2013)
- Document by people with dementia (Sept 2013) identifies:
 - Importance of early diagnosis
 - Need for comprehensive psychosocial aftercare
 - Lack of information on psychological and psychosocial interventions – need for a “catalogue” of psychosocial interventions



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A Guide to psychosocial interventions in the early stages of dementia

- An overview of psychological and psychologically informed treatments and support for people with a new diagnosis of dementia and their families
- In alphabetical order, brief description, what might be gained, who is qualified to provide, where to find further information, where might be offered, summary of evidence base, key references
- Accessible language and structure
- Needs based index grouping interventions addressing similar needs, e.g. dealing with anxiety/depression or maintaining cognitive functioning
- Successfully trialled with people with early stages of dementia