A Guide to psychosocial interventions in the early stages of dementia
FPOP/DEEP Consultation
Involving People Living with Dementia

- Working with Dementia Engagement and Empowerment Project (DEEP) to consult with people living with dementia through Dementia Action Alliance (DAA) since Jan 2013
- Two joint pilot workshops on early/timely diagnosis and psychosocial interventions (July, August 2013)
- Document by people with dementia (Sept 2013) identifies:
  - Importance of early diagnosis
  - Need for comprehensive psychosocial aftercare
  - Lack of information on psychological and psychosocial interventions – need for a “catalogue” of psychosocial interventions
A Guide to psychosocial interventions in the early stages of dementia

- An overview of psychological and psychologically informed treatments and support for people with a new diagnosis of dementia and their families
- In alphabetical order, brief description, what might be gained, who is qualified to provide, where to find further information, where might be offered, summary of evidence base, key references

- Accessible language and structure
- Needs based index grouping interventions addressing similar needs, e.g. dealing with anxiety/depression or maintaining cognitive functioning
- Successfully trialled with people with early stages of dementia