Delivering the National Dementia Declaration for England

Quarterly Update Leicester, Leicestershire & Rutland – March 2015, Issue 2

Welcome to your second quarterly update. We have several items to tell you about:

Upcoming dementia Friends training dates

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— Becky, Alzheimer’s Society

Member Updates

- We are in the process of setting up a local Blaby DAA. First steering group meeting was 5th March with a view to launching it by April 2015. This was suggested in response to our application to be recognised as working towards becoming a dementia-friendly district – Zoe, Blaby DC

- I have completed training for 24 people at Enderby Ranger Guides and taken a school assembly for year 9s at Leysland High School as a precursor to a Dementia Friends session (both in March) – Miles, Blaby DC

- Blaby District Council has continued to run Dementia Friends sessions for staff. We now have 135 staff who have attended a Dementia Friends session. BDC champions have now helped create 200 Dementia Friends – Zoe, Blaby DC

- I have trained 8 Neighbourhood Watch Co-ordinators in Earl Shilton to become Dementia Friends – Lindsay, Hinckley & Bosworth BC

- We ran a public Dementia Friends session in Glen Parva open to residents and businesses. This was supported by the Parish Council and really well attended. This also resulted in a live radio interview on BBC Radio Leicester to promote the session – Zoe, Blaby DC
Last week, Hinckley & Bosworth Borough Council launched its own Dementia Action Alliance in order to work towards Dementia Friendly Community status – Lindsay, Hinckley & Bosworth BC

One day Dementia Friendly Walk Leader Training at Ulverscroft Grange, near Markfield Leicestershire with staff and volunteers from the Shuttlewood Clarke Foundation. The Foundation will provide a regular programme of gentle walks to support people living with dementia and their carers starting in May 2015 based from Ulverscroft Grange wellbeing centre and café http://www.shuttlewood-clarke.org/. One for next week delivered by Dementia Adventure. Thursday 26.3.15 9.30-4.00 p.m. – Kath, Dementia Adventure

We have run a school assembly at Leysland School for Year 9 pupils and we are following this up with the offer of Dementia Friends sessions dependent on the school getting parental consent. We are also running a Dementia Friends session for a local guiding group – Zoe, Blaby DC

We have three Dementia Friends sessions set up to deliver to emh Homes staff – this includes housing officers and grounds/maintenance staff i.e. those who aren’t expected to have received formal training – Zoe, Blaby DC

Updates from

Department of Health

Reports and resources show how international collaboration improves dementia care – 16-03-2015

A new series of reports and resources is being launched to coincide with the First World Health Organization Ministerial Conference on Global Action Against Dementia, ... Read more → - Reports and resources show how international collaboration improves dementia care

Health Secretary announces $100m Dementia Discovery Fund – 17-03-2015

Health Secretary Jeremy Hunt has announced a $100m Dementia Discovery Fund on 17 March at the World Health Organization’s First Ministerial Conference on Global Action ... Read more → - Health Secretary announces $100m Dementia Discovery Fund

Independent expert reports on dementia drug development and regulation – 13-03-2015
Raj Long, Senior Regulatory Officer at the Bill and Melinda Gates Foundation and independent expert, has produced an executive summary outlining her recommendations to address … Read more → - Independent expert reports on dementia drug development and regulation

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**World Dementia Council publishes report reviewing progress in its first year**  
– 13-03-2015

The World Dementia Council (WDC) has published a report setting out the progress it has made against its 5 priorities in the past year, as … Read more → - World Dementia Council publishes report reviewing progress in its first year

– Bev, Leicester City Council

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Please send updates and ideas for future bulletins to Simon Sheldrake, Business and Admin Support Officer – simon.sheldrake@leicester.gov.uk

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*Late Addition*

Two pictures from the 2014 Dementia Adventure and Leicester City Council Park Walks Programme. Enjoying a September morning Dementia Friendly walk in Abbey Park with residents and carers from Leicester Quaker Housing Association

– Kath, Dementia Adventure
Support group for Asian people coping with dementia

Aiming to change lives

A NEW support group has been established to help South Asian people cope with dementia.

Bina Sitaram, from Rushey Mead, is hoping the venture which is launched in Leicester this week, will spread nationwide.

The 40-year-old is setting up the group, called Shakti, which means strength in Hindi.

She hopes it will be a fitting tribute to her mother, who was 71 when she died three years ago after living with Alzheimer’s disease for six years.

Bina said: “My mother used to get very upset because people did not understand why she was forgetting things.

“They would say try hard to remember but, of course, she didn’t have the ability. It just wouldn’t come to her.

“There is also quite a stigma attached to dementia in the South Asian community – it is not really spoken about.

“I think Alzheimer’s and dementia are taboo, partly because it is related to the mind rather than it being something more physical. I could see it was very difficult for my mother and for me. As a carer, I wished there was someone I could have talked to.”

The first meeting of the group will be held at the Santosh Day Care centre, in Belgrave, at 6.30pm on Fri-

day. It is being supported by Dr Santanu Chakrabarti, a consultant psychiatrist at the Evington Centre on the Leicester General Hospital site, who will also be at the first meeting.

Bina said: “The idea is to make it very informal and for there to be a relaxed atmosphere where people can get information and support.

“I hope it will be life-changing for people and make life a little more bearable for people.

“My mother was my rock and if really does feel like this group is being set up with her blessing.

“She was such a giving person and never turned anyone away.”

Initially, the group will meet once a month.

Bina said: “It is very new at the moment, with just the one group in Leicester, but I would like it to go nationwide.”

For more information and to attend the group, e-mail: bina@earthbuds.co.uk

TRIBUTE: Bina Sitaram’s mother had Alzheimer’s disease

A COUNCIL chief executive has been honoured by a charity in 1972 and represents more than 3,500 health professionals.

Sandra said: “I am honoured and very touched to have been put forward for this honorary membership.

“District councils across Leicestershire are working alongside colleagues at the county council to deliver some innovative services which will make a real difference to people’s health and wellbeing.

“I will use my membership to make sure that our work is shared widely.”

Ernie White, leader of Babby District Council and chairman of Leicestershire’s Health and Wellbeing Board, said: “I am delighted at this recognition of the valuable contribution that Sandra has made to the welfare of Leicestershire residents.”
09th February 2015

Dear DAA Member,

RE: New National Family Carers Involvement Network

The National Dementia Action Alliance and Life Story Network are pleased to inform you that following on from the successful Carers Call to Action Campaign a new National Family Carers Involvement Network for family carers of people with dementia is being established with support from the Department of Health.

The Department of Health (DH) and the Minister of State for Care and Support, Norman Lamb MP, recognise the need for this network and have provided a grant for the initial scoping stage to help gather further resources to enable its establishment.

Life Story Network CIC will be hosting the new network and working hard to secure resources to ensure a sustainable legacy from the successful campaign The Carers’ Call to Action, which comes to its natural conclusion at the end of March 2015, with resources from the DAA being provided to support this transition period.

The CC2A campaign has been vital in raising the profile and unique needs of carers of people living with dementia and was endorsed by the Minister of State for Care and Support, Norman Lamb MP and The Secretary of State for Health, Jeremy Hunt MP.

The Carers’ Call to Action and Life Story Network share the same principle of recognising that family carers of people with dementia are experts by experience and can play a significant role in supporting other carers, influence policy and shape improved responsive local commissioned services.

The objectives of the network will be to:

- Engage carers to raise the profile of the needs of people with dementia and family carers and influence policy.
- Equip carers with the knowledge and skills to advocate for improvements in standards and better services.
- Encourage and enable family carers to become involved and campaign for improved services and standards of care.
- Empower carers by developing confidence in their capacity to support each other and to make a difference in their community.

Carers and former carers who wish to play a more active part in the network will be trained, coached, nurtured and supported in their role. The Dementia Action Alliance and CC2A will be working with LSN to assist with the transition process and ensure continuity.
Strategic support for the new network has been agreed with the Carers Trust and Mersey Care NHS Trust. In addition to this we have had considerable support from carers themselves, who recognise the value the involvement network will offer them to share their experiences and support other carers. Life Story Network CIC would welcome hearing from other partners who feel they can provide a contribution to establish this much needed national network for carers of people with dementia. Please contact Pat Broster via e-mail at pat@lifestorynetwork.org.uk if you believe you can support us in any way.

Thank you for your valued support of The DAAs Carers’ Call to Action. It has raised the profile and needs of carers and we sincerely hope that you will continue your association and support us with the new network.

We will keep you up to date with developments during this transition period.

Kind regards,

Simon Kitchen
Executive Lead, Dementia Action Alliance

Jean Tottie
Chair, Life Story Network CIC
Intervening Early in Dementia: Bringing Together Research and Practice

The Cotswold Suite, St John’s Campus,
University of Worcester, WR2 6AJ
9.00am-4.30pm

Alms
The purpose of this conference is to provide a clinically relevant and evidence based series of presentations and workshops that will enable delegates to develop and enhance approaches to early and timely intervention for people living with dementia and their families.

Cost: £50 (Buffet Lunch, Tea & Coffee included)

A limited number of free places are available to Worcestershire Staff (e.g. HACW. Worcs Acute, Primary Care, Age UK Worcs, Alzheimer’s Society Worcs) and People living with Dementia and their families.

TO SECURE YOUR PLACE PLEASE COMPLETE THE ATTACHED BOOKING FORM – PAYMENT IS VIA CHEQUE OR BANK TRANSFER ONLY

CLOSING DATE FOR BOOKINGS FRIDAY 15TH MAY 2015

Speakers Include:

Morning Speakers:

- People living with Dementia and their families from Worcestershire
- Prof. Dawn Brooker – Conference Chair, Director, Association of Dementia Studies, University of Worcester
- Dr Bernie Coope – Consultant Psychiatrist, Early Intervention Dementia Service, Associate Medical Director, Worcestershire Health and Care Trust
- Prof. Bob Woods – Professor of Clinical Psychology for Older People, Dementia Services Development Centre Wales, Bangor University, Wales
- Sally Magnusson – Broadcaster, Author: Where Memories Go: Why Dementia Changes Everything

Workshop Speakers:

- Prof. Jan Oyebode – Professor of Dementia Care, University of Bradford
- Prof. Richard Cheston – Health and Social Sciences, University of the West of England
- Prof. Elizabeth Peel – Professor of Psychology & Social Change, Institute of Health and Society, University of Worcester
- Andrew Balfour and Liz Salter – Tavistock Centre, Tavistock and Portman Foundation NHS Trust

If you would like to disseminate information about interventions and approaches employed in your service in the form of a poster or require further information please contact: EIDS.Conference@hacw.nhs.uk
Intervening Early in Dementia: Bringing Together Research and Practice

The Cotswold Suite, St John’s Campus, University of Worcester, WR2 6AJ
9.00am-4.30pm

Booking Form

Full Name: _______________________________ Contact Tel: _______________________________
Address: ___________________________________________ Job Title: ___________________________
_________________________________________ Email: _________________________________

Do you have any dietary requirements?

☐ Vegetarian    ☐ Vegan    ☐ Gluten Free    Other: _________________________________

Do you have any access requirements? ___________________________________________

Payment Method:

☐ I enclose a cheque for £50 payable to Worcestershire Health and Care NHS Trust
☐ Internet bank transfer of £50 to Acct No 128000284, Sort Code 08-33-00 (Citi Bank)
   Please Quote EIDS <Your Surname> on all bank transfers

If you are entitled to a free place please select the reason:

☐ Person living with Dementia (PwD)    ☐ Family member of PwD
☐ Worcestershire Staff member

Please number your three preferred workshops:

☐ Pre-assessment counselling
☐ Working with relationships
☐ Diagnostic Disclosure
☐ Facilitating adjustment to a diagnosis
☐ Interventions for people living with less common forms of dementia

We will endeavour to give each delegate their top 2 choices however the places will be allocated on a first come, first serve basis.

Please send the completed form to: EIDS.Conference@hacw.nhs.uk or EIDS, Early Intervention Dementia Service, Worcestershire health and Care NHS Trust, F Block, Kidderminster Hospital, Bewdley Road, Kidderminster, DY11 6RJ

Cancellations/Refund Policy: A refund, less a £20 administration fee, will be made if cancellations are received, in writing, at least four weeks before the event. If a cancellation notification is not received 5 days before the event a refund will not be given to external candidates. For internal applicants – failure to attend without notification will be reported to your department as a DNA and will incur a £50 fee being charged to your department.
Beyond Boundaries:
Exploring Psychologies of Ageing
Research Seminar 1
‘Ageing in Context: Identities and diversities’

6th May 2015
University of Worcester

We know that chronic and long-term conditions (such as dementia) disproportionately affect older people, and that an ageing demographic means a likely crisis in provision of social support and care in later life. Traditionally psychological research has been focused on the ageing individual and relational and social contexts are often stripped away in favour of de-contextualised knowledge. We bring to the fore in this seminar research that highlights diversity in ageing across genders, sexualities, illnesses, contexts and lifespan trajectories. We ask what does a recognition of different identities mean for ageing well? And how does psychology, health and social care best engage with identities and diversity within an ageing population?

Keynote Speakers
Prof Celia Kitzinger and Prof Sue Wilkinson
‘Making advance decisions to refuse treatment: The challenge of identity’

Prof Dawn Brooker
‘Maintaining personhood in advanced dementia through understandings of identity’

Christine Bryden
‘Who was I, who am I now, and who will I be when I die?’

Bookings
This event is free of charge.

To book a place, please go to: https://eventbrite.co.uk/event/15758069811/

For any queries, please contact:
Esther Dobson (Study Day, Conference & Events Coordinator)
Email: e.dobson@worc.ac.uk Telephone: 01905 542711

Institute of Health & Society,
Henwick Grove, Worcester, WR2 6AJ
Tel: 01905 855000
Institute of Health and Society Research Seminar

The 3rd Annual David Jolley Lecture
The changing face of old age mental health care: lessons and experience from research
presented by
David Challis
Professor of Community Care Research; Director PSSRU at University of Manchester; Associate Director NIHR School for Social Care Research

David Challis has undertaken the development and evaluation of a series of studies of community based care for older people which provided alternatives to hospital and nursing home care and influenced policy development both in the UK and internationally. Currently he is responsible for national studies of care coordination in older people’s and long term conditions services and evaluation of assessment procedures in England. Other work includes performance measurement in older people’s services, hospital discharge, the evaluation of innovative approaches to flexible support such as personal budgets and a range of studies in old age mental health services. New work includes: Home Support in Dementia Care; European variations in access to care and support for people with dementia; and dementia diagnosis in minority ethnic elders. He is the author of 21 books and some 200 papers. Books include Supporting People with Dementia at Home (Ashgate, 2009). He has been an adviser on services for older people to the Commonwealth Government of Australia, Canadian Province of Ontario, Government of Japan, Government of Hong Kong, the US State Government of Wisconsin, the Department of Health in England and the National Assembly for Wales.

Date: 15th April 2015
Time: 12:45 for 13:00—14:00
Venue: University of Worcester, Room EEG162,

The seminar is free but places will be in demand.

To book your place please go to

by no later than 31st March 2015
Stand By Me E-learning Launch

23rd April 2015: 4:00 for 4:30 – 6.30pm

University of Worcester,
St John’s Campus,
Room EEG162, Edward Elgar Building
Henwick Grove, Worcester WR2 6AJ
For directions see www.worcester.ac.uk

Stand by Me helps to improve communication and person-centred care for people living with dementia and their family across key stages of the dementia

“I’ve done quite a few online sessions in the past and without a doubt this is the best I’ve had the pleasure of using”

Come and join us as we launch this Free online dementia training course.

Stand by Me is a flexible online course for a wide range of professionals including nurses, domiciliary care workers, paramedics, primary care, GP’s, dementia leads and many more.

The evening will be chaired by Professor Dawn Brooker and speakers will include professionals who deliver frontline training and support for people living with dementia

See the course in action and how this flexible training package can transform the knowledge and confidence of your staff, ask questions in a relaxed and friendly environment

The seminar is free but places will be in demand
To book your place please go to

https://eventbrite.co.uk/event/15811612960/

by no later than 16th April 2015