



# The Meeting Centres Support Programme

## DAA Annual Meeting 2<sup>nd</sup> December 2014

# The reason for telling you about this today....

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- **Could Meeting Centres be a “what’s next?” step for local DAA’s or Dementia Friendly Communities?**
- **What is the Meeting Centres Support Programme?**
- **The Meeting Dem research**
- **Contact details.**

# What is the Meeting Centres Support Programme?

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- Innovative way of supporting people with mild to moderate dementia and their families.
- Evidence-based, person-centred approach.
- Programme running in the Netherlands for 10 years.
- Now to be trialled in the UK, Italy and Poland.
- Droitwich Spa selected as UK location.
- Meeting Centre to open in Droitwich in Sept 2015.

# What do Meeting Centres offer?

- Integrated types of care for both the client and family carer.
- Support for client and family carer to cope with situations encountered as a result of the dementia.
- Small permanent professional staff team relevant health and welfare services.
- Range of activities one or more days a week.



# Meeting Individual Needs



## Clients :

- Recreational and social activities, such as reading the newspaper, painting, singing, preparing lunch and shopping - group activities or adapted to individual preferences.
- Education and therapeutic activity such as reminiscence, fitness, creativity, cognitive stimulation and counselling.

## Family carers :

- Information meetings.
- Discussion groups.
- Assistance with practical, emotional and social issues.

## For both clients with dementia and their carers :

- Weekly consulting sessions.
- Social activities and excursions.

# Why Droitwich and what this means locally

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- Local to the University & good fit for population and service configuration
- Research: two phases over 36 months
- **Phase 1** Engage local organisations, movers and shakers: Adapt Dutch tools and strategies, create a pilot Meeting Support Centre
- **Phase 2** Operate the pilot MSC and evaluate its impact

# The Meeting Centres Initiative Group

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- Association for Dementia Studies: Staff and Link Group
- Alzheimer's Society
- Age UK
- Droitwich Spa Rural Council for Voluntary Service
- Forum for Older People
- Community Transport
- Thursfields Solicitors
- Friends of the Elderly
- Spa Medical Practice
- Corbett Medical practice
- South Worcs Clinical Commissioning Group
- Worcs NHS
- Worcs Health & Care NHS Trust
- Worcs County Council
- Wychavon District Council
- Sanctuary Housing
- Grantham day care

# Key Practical tasks for local decision makers

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Engaging local organisations, movers and shakers to create an 'Initiative Group' which will need to set up working groups to explore key questions:-

- Who is the service aimed at? Inclusion and exclusion criteria.
- What does the programme consist of for people with dementia and their carers?
- What's the best venue?
- Who is employed/how do we manage volunteers/training?
- How do we fund it?
- How do we get cooperation between different parties?
- How do we get people to use the service?



# Our Evaluation will report on:

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1. The efficacy and cost-effectiveness of the MCSP for each country and overall analysis
2. User satisfaction for the MCSP for each country and overall analysis
3. The facilitators and barriers for the implementation process of the MCSP for each country and overall analysis

# The role of the Alzheimer's Society

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- Member of UK Project team and initiative group as implementation partner
- Helping to understand the facilitators and barriers to delivery
- Delivering on a local implementation plan, including identifying funds
- Delivering at least one Meeting Centre and supporting robust evaluation

# The role of the Alzheimer's Society

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- Exploring the potential of a new person-centred model of day opportunity
- Complement existing services and support offered locally
- Demonstrating delivery as a practical example for wider implementation
- Working with ADS to bring research and practice together

# Contact

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