

## D: KIT

### The NHS self assessment resource for creating dementia friendly hospitals

#### Guidance notes and comments

##### INTRODUCTION

Welcome to the D:KIT. This resource has been compiled from a comprehensive and up to date range of resources to support you in meeting the DAA Right Care Call to Action to create Dementia Friendly Hospitals. It has been aligned with the National CQUIN for Dementia to help you in working towards this and the NHS change model.

The D Kit is here for you to use in any way you wish. It has been designed by colleagues from member organisations in the DAA (including the RCN, RCPsychs, National Clinical Directors for Dementia and Pharmacy, Acute Hospitals Trusts, The Alzheimer's' Society and others) to help you achieve 3 key things:

- Ask a series of valid questions – taken from the RCPsychs National Audit Tool (<http://www.rcpsych.ac.uk/quality/quality,accreditationaudit/nationalauditofdementia1.aspx>)  
These can be applied to your whole organisation or to an individual ward or service – it is up to you.
- Apply these questions across 5 Core domains (as defined by the RCN SPACE principles [http://www.rcn.org.uk/development/practice/dementia/commitment\\_to\\_the\\_care\\_of\\_people\\_with\\_dementia\\_in\\_general\\_hospitals/make\\_space\\_for\\_good\\_dementia\\_care](http://www.rcn.org.uk/development/practice/dementia/commitment_to_the_care_of_people_with_dementia_in_general_hospitals/make_space_for_good_dementia_care))
- Inform your answers by cross referencing them against established standards (NICE Standards) – <http://publications.nice.org.uk/dementia-quality-standard-qs1>

The D:KIT also suggests sources of evidence you can use to demonstrate just how 'Dementia Friendly' you are and it highlights areas where there is room for improvement. Helping you plan ahead. It then brings together a comprehensive collection of wider resources (including case studies of current outstanding practice along with contacts in other organisations that will be able to help you). This D:KIT is hosted on the DAA website <http://www.dementiaaction.org.uk/> and will be updated and refreshed and added to as required. As a DAA member you will receive a notice whenever a refresh has taken place so you can be sure that you have the latest and most up to date D:KIT.

##### HOW IS THE D:KIT ORGANISED?

The D:KIT is presented in 5 Domains (each one of these is related to and informed by the RCN SPACE principles).



Each domain is broken down into 4 sections:

- Section 1 – self assessment questions
- Section 2 – NICE standards
- Section 3 – examples of evidence you could use

- Section 4 – resources that will be of further help to you

## **OVERVIEW OF EACH DOMAIN:**

### **1) Domain: skilled staff who are informed and have time to care**

This section helps you to assess where you are in terms of staff training, governance and staffing levels providing you with an organisational needs analysis. This will help you design improvements in workforce planning to support people with dementia and create a dementia friendly hospital.

### **2) Domain: partnership working with carers**

This section uses the discharge planning process – which begins at the point of admission into hospital - to focus you on working in partnership with the person with dementia, their family and carers and other organisations such as the Local Authority, Community Service Providers and Voluntary Agencies.

### **3) Domain: assessment and early identification**

This section is to help you establish where you are in identifying who has dementia in your hospital and ensuring that other causes of cognitive impairment have been assessed, investigated and, where appropriate, treated. It will also help you see where you are with access to support services such as Psychiatric Liaison Services.

### **4) Domain: care plans which are individualised and person centred**

This section takes you through governance related to care provision, delivery of care, care and management planning, continuity of care, end of life care, nutrition and care planning with the person with dementia, their family and carers.

### **5) Domain: environments that are dementia friendly**

This domain takes you through the physical environment of the ward and bathrooms, orientation and flooring as well as promoting independence and reducing accidents caused by the environment (trips/falls etc).

This resource should provide everything you need to get you started on your journey to becoming dementia friendly and to deliver on our shared purpose.

'To enable people with dementia to experience high quality care in acute hospitals and support them, their families, carers and staff to have the confidence to champion best practice and create a culture of excellence'